

# BLUE Sheets - Basic Lessons for Understanding Equipment

## Bath Safety Equipment

Patient: M|SITE.SHIP\_TO\_NAME

Patient ID: M|CUSTOMER.PATIENT\_ID

Model #:  ▼

Serial #:

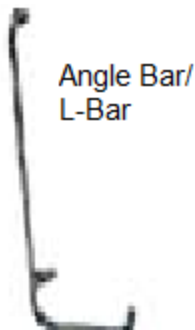
Date: M|C|CURRENTDATE

### Setting Up Your Equipment

- Your provider may or may not install your equipment. If they do not, they can refer you to someone who is qualified to install for you.
- Bath safety bar equipment is intended to provide **hand holds** only in wet, slippery environments. Do not use grab bars or tub bars to raise or lower your body weight

### Safety and Usage of Your Equipment

- Caution: Always make sure you have a secure grip on the bar prior to transferring or moving around the bathroom.
- Be certain in wet, slippery areas that your body weight is stabilized before releasing your grip on the bar.
- Grab bars and tub bars come in a variety of models; locate yours in the pictures below. Your provider will note which model that you have purchased has been installed in your home.



### Maintenance

- Periodically clean your bath safety bars with a household cleaner appropriate for bathtub surfaces
- Check weekly to ensure all attachment points are tightly secure.
- Call your provider immediately if any malfunction of equipment is noticed. Call your installer if any malfunction with installation occurs.

### Shower Chairs – Wheeled Models

- Shower Chairs are intended for bathing use only. Never leave a patient in a shower chair for an extended period of time. The seat and back material are designed merely to support the user during bathing. It does not provide any pressure relief.
- If your shower chair model includes a commode feature, be sure to remove bucket and flush contents in toilet after each use.
- The bucket should be cleaned with warm soapy water after each use.



### Shower Chairs – Stationary Models

- Your delivery technician will assemble the unit
- Place the shower chair completely in tub or shower stall. Check for stability – all feet flat on floor of bathing area
- Raise seat height to desired seat height
  - In a shower: match to a chair seat height that is comfortable for you.
  - In a tub: raise seat height to top of tub side or higher to make transfers easier.



### **Tub Transfer Benches**

- These models are intended for those who will transfer from a wheelchair to the bathtub. They can be used in shower stalls, but you will need to modify the cover (shower curtain) over the opening to contain water from the shower spray.
- Place the bench half in the tub (2 legs in). The backrest should be on the edge away from the faucet (user seat should face faucets). The feet fitted with the suction cups should be inside the tub.
- Adjust the seat height by depressing the snap button lock and moving the leg extensions up or down the legs of the bench. Note: Depending on your bathroom's design, the legs outside the tub may need to be set at a different level than the two legs inside the tub.



**\*\* Make sure the seat is level and stable before using.\*\***

**\*\* Please contact your equipment provider for any questions, adjustments, or repairs. \*\***

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All Medicare DMEPOS suppliers must be in compliance with CMS Supplier Standards in order to obtain and retain their billing privileges. These standards, in their entirety, are listed in 42 C.F.R. pt. 424, sec 424.57(c). A supplier must disclose these standards to all customers/patients who are Medicare beneficiaries (standard 16). Supplier Standard 12 includes "A supplier ...must instruct beneficiaries on use of Medicare covered items".